

Al-Anon, District 3

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Al-Anon Information Services

District 3 Business Meeting Report

November 14, 2015

November 14th District 3 meeting

(preliminary)

1. Gage opened meeting with the serenity prayer at 9:39
 - 1.1. Lily read the steps
 - 1.2. Mary Read the traditions
 - 1.3. Beth Read the concepts of service
 - 1.4. John read the warranties
2. Please complete the contact list information that is going around
 - 2.1. If you are a visitor
 - 2.2. Thanks to Fernandina for being hosts
 - 2.3. Is there anyone who will volunteer to host in January
 - 2.3.1. Kathleen Tuesday Morning AFG
3. Introductions (20)
4. DR report –
 - 4.1. From assembly
 - 4.1.1. All proposals passed
 - 4.1.2. 2015 convention letter was read
 - 4.1.2.1. 27,000 turned over to area from convention
 - 4.1.2.2. Beth shared her experience at the convention
 - 4.1.2.3. Charlene “There were 820 registrations”
 - 4.1.2.4. Kathy it was her first convention
 - 4.1.2.4.1. She had a great experience
5. 2016 convention:
 - 5.1. Charlene
 - 5.1.1. If we have enough registrants the whole hotel is our
 - 5.1.2. Aiming for 1000 registrants’
 - 5.1.3. At the plaza in Daytona beach
 - 5.1.4. The 2015 turnover was very helpful
 - 5.1.5. We; have 200 registrants to date
 - 5.1.6. The clock will not be drawn for today
 - 5.1.7. Tomorrow there will be a 2016 planning meeting 2:00 Orange Park Clubhouse
 - 5.1.8. There are sign up forms if you have talents or interest for committee memberships
 - 5.1.8.1. Where is the meeting
 - 5.1.8.2. Risa
 - 5.1.8.2.1. Encourage all to support
 - 5.1.8.2.2. Carolyn modeled products for sale
 - 5.1.8.2.2.1. We have tote bags, t-shirts water bottles ...
 - 5.1.8.2.2.1.1. Please peddle this stuff
 - 5.1.8.2.3. Carolyn suggested we all wear t-shirts to the first meeting of the month
6. Secretary report
 - 6.1. We can copy the area motion form so that an exact motion and names
 - 6.2. Can we make a summary of motions at the end of the minutes?
 - 6.3. Perhaps the alt DR. can be responsible for getting the motion information from members
 - 6.4. Approval of minutes tabled until next meeting
7. AISL – Mark

- 7.1. First page is summary of open positions within the aisl group
 - 7.1.1.If you know of a strong candidate see if they will stand for the position
 - 7.1.2.Summary of outside meetings that need support
 - 7.1.2.1. Mary - Shared her experience attending these meetings
 - 7.1.2.1.1. She enjoyed it and ended up with a new member to her home group
 - 7.1.2.2. Do we still go to Duval Jail
 - 7.1.2.2.1. Not currently
 - 7.1.2.3. Carolyn – Stockton street needs support Wed 6-7 in Riverside
 - 7.1.2.4. The willing-way treatment center-
 - 7.1.2.4.1. Monday -
 - 7.1.2.4.2. Tuesday –
 - 7.1.2.5. Roxanne – shouldn't they be transitioning into al-anon rather than us supporting a non-al-anon meeting if they are not focusing on transitioning people into al-anon
 - 7.1.2.5.1. Mark – doesn't see a big difference but does not attend often enough to see if al-anon is a support for them or if they transition there member into our program
 - 7.1.2.5.2. A discussion followed: can we identify people that come from these programs into al-anon
 - 7.1.2.5.2.1. Carolyn suggested that this is a good idea for discussion within the committee.
 - 7.1.3.Contact Mark if you are interested and need info. To reach these groups
- 7.2. World service office has sent out PSA's
 - 7.2.1.In our area it has been played ___ times over various stations (see report)
 - 7.2.1.1. It is a tradition to send thank-you notes to stations that play the PSA's
 - 7.2.1.1.1. Mark has sent them to the three stations, but if you are interested he can send you addresses
- 7.3. Mark did take the list of stations and has contacted some of them to get them to consider PSA's
 - 7.3.1.Has gotten some possibilities for station that may run them
 - 7.3.2.If anyone hears or sees them let Mark know
 - The members wanted to offer our thanks to Mark for all this attention and work ("good job")!!
- 7.4. From the e-community site – "Dear Abby" ran al-anon in the column
 - 7.4.1.Ann Lander did which resulted in many phone calls
- 7.5. We aren't listed in the white of yellow pages
 - 7.5.1.He is hoping to get multiple listings in these publications
- 7.6. How are the plastic trays doing – get with your group and see how these are doing
 - 7.6.1.Carolyn - we are out of the large but there are 4 small one left
 - 7.6.2.These cards have been good for posting on retail bulletin boards.
 - 7.6.2.1. Carolyn and Tom passed out "outreach" items (thank youse, card for bulletin boards...
 - 7.6.2.1.1. The cards mimic what the website looks like
 - 7.6.3.The website hits are down a bit,
- 7.7. The speaker keeper has not changed
 - 7.7.1.He did clean the list up with updated information.
- 7.8. Records – Is the The North Manderin group still active?
 - 7.8.1.Contacting WSO to find out if they have been made inactive and solicited information
 - 7.8.1.1. Tom – bad e-mail address but that has been corrected and that all meetings are active
 - 7.8.1.1.1. World service only has so many spots for multiple meetings and mabe they have corrected that
 - 7.8.1.2. We need to make sure the where and when if correct
- 7.9. Mailing address is still ok (post office box)
- 7.10. See report about annual update with district contact information

- 8. Sharings and W&W are available for us to take to groups
- 9. Candy – archives
 - 9.1. We did get the name for the deposit info see (report)

- 1. Roxanne LDC – see report
 - 1.1. No raffle this time

BREAK

- 2. Recalled to order at 10:59
- 3. Susan – Treasurers Report
 - 3.1. Suggested donation to yellow box \$3 (reimbursed from your group)
 - 3.2. Group donations form
 - 3.2.1. Please check for accuracy
 - 3.2.1.1. We are down \$900+ year to date
 - 3.2.2. Bring to district meeting or mail
 - 3.2.2.1. Made out to “district 3 AFG”
 - 3.2.2.1.1. It is on the Sharings
 - 3.2.2.1.2. Be sure to put a group # on the form or check
 - 3.3. Income and expenses (see report)
 - 3.4. Budget –
 - 3.4.1. There is an expense form on line and will be brought to district meetings
 - 3.4.1.1. Include receipts
 - 3.4.2. Budget meeting was held
 - 3.4.2.1. Proposed budget with some explanations
 - 3.4.2.2. Large expense under Outreach CPC
 - 3.4.2.2.1. Included bus ads, table tops ...
 - 3.4.3. Her goal is to get updated and current
 - 3.5. Are there any questions
 - 3.5.1. Beth – area will reimburse for background checks
 - 3.5.1.1. Our district has always covered this cost rather than bill the area.
 - 3.5.2. On page one of two hotel room expenses are different
 - 3.5.2.1.1. Susan – Some rooms do not charge tax depending on if you are on the master list from area (tax exempt)
 - 3.6. Roxanne moved and Mary seconded a motion to accept the 2016 budget as proposed
 - 3.6.1. Unanimous
- 4. Alateen – Beth
 - 4.1. Beth is now an approved Trainer
 - 4.2. Two new sponsors Diane W; and Lilly E.
 - 4.2.1. Looking to set up new meetings
 - 4.3. AMIAS FALL WORKSHOP
 - 4.3.1. District 2, 3, 4 and 8 attended
 - 4.3.1.1. Issues, games... were discussed
 - 4.3.1.1.1. Everyone challenged to grow alateen ...
- 5. Open positions
 - 5.1. Alt DR
 - 5.2. Alt aisl
 - 5.3. Public outreach and media
 - 5.4. TAS –

- 5.4.1. Tom will stand
 - 5.4.1.1. Vote Unanimous
- 5.5. Outreach to Institutions
 - 5.5.1. Lily will stand
 - 5.5.1.1. Vote Unanimous
- 5.6. Raffle chair
- 5.7. Where and When
 - 5.7.1. Kathy will stand
 - 5.7.1.1. Vote Unanimous
- 5.8. A.A./Spanish Liaison
- 5.9.
- 6. Unfinished Business from September
 - 6.1. Danny had reported that Providence was not following traditions
 - 6.1.1. Gage contact a member who was surprised (She felt they were following traditions)
 - 6.1.2. Mark – reported that the group was informed about our inquiry and will follow the traditions
 - 6.1.3. Smith street – reported that group does not follow traditions)(AA attending)
- 7. Agenda's and reports
 - 7.1. Gage's goal is to complete and distribute by Monday before meeting
 - 7.1.1. She will forward other reports if she has them
 - 7.1.1.1. Her goal is to not have to print a lot and bring to meetings
- 8. Roxanne – Fun day
 - 8.1. Fun day proceeds help pay for lots of stuff so please support
 - 8.1.1. Starts at noon
 - 8.1.1.1. Bring a covered dish
 - 8.1.1.2. Groups provide baskets
 - 8.1.1.2.1. There is no theme (Kathleen asked)
 - 8.1.1.3. Good workshops – see flyer
 - 8.1.2. She needs help with set up and take down
 - 8.1.2.1. Please contact her
 - 8.1.3. Carolyn There are things in the closet that should not be there, please do not store anything other than coffee pots and banners and the raffle tickets and paper for tables+
 - 8.1.4. (no food or supplies)
- 9. Calendar
 - 9.1. Dates are set out – are there any questions
 - 9.1.1. ~~There are steering committee mtgs – everyone is invited~~
 - 9.1.1.1. Beth suggested meeting at Penman
 - 9.1.2. Convention committee meeting on the 3rd Sunday of every month.
 - 9.2. AWSC – do we need GIPs for registration for convention
 - 9.2.1. Kathleen and Roxanne will go as GIPs
 - 9.2.1.1. Will give money for Gas and Food upfront
 - 9.2.1.1.1. Room is provided on the master list
 - 9.3. Calendar will be passed out at Jan. funday
- 10. March fun day
 - 10.1. Kathy – Her group would like to host (Arlington Tuesday Night)
 - 10.2. Risa will provide sharing's under the same schedule (dist. and fun days)

Meeting closed with the serenity prayer and the declaration at 12:04

District 3
LDC Report
November 14th, 2015

September 2015 Sales \$786.05

Expenses Payments to WSO 127.62
 Quarterly Donation to District \$500.00

October 2015 Sales \$257.70

Expenses Payment to WSO \$558.28

Actual account balance as of November 4th, 2015 \$5706.90

Open Positions

Since our last district meeting, Marty S. has resigned as the Public Information/Outreach to the Media Chair. Risa is still holding two service positions (Newsletter and Where and When) until we have a new Where and When chairperson. We are looking for chairs for the following positions:

- Alternate District Representative
 - Forum Representative
 - Keeps the key to closet where the paper supplies are kept.
 - Keeps current inventory of supplies and let workshop hosts know what is stored
 - Divide DR duties in agreement of both members
 - Works with and substitutes for the DR when necessary
- Alternate AISL
 - Divide AISL duties in agreement with both members
 - Substitutes for the AISL when necessary
 - AISL responsibilities include:
 - Participates at North Florida AWSC and Assemblies; Maintain Greater Jacksonville Information Services PO Box; Is a member of WSO's Outreach e-community; Serves as information source for chairmen; Transmits all communication from WSO to district; Leads AIS portion of district meetings
- Telephone Answering Service Chair
 - Liaison with the Professional Answering Service
 - Maintains volunteer list and provides volunteers with group updates and directions to meetings
 - Has substitute and telephone operator reverted call volunteers
 - Request new volunteers as needed
 - Reports number of monthly telephone calls and email requests at business meeting
- Raffle Chair
 - Gather Al-Anon related items and CAL for baskets
 - Prepare baskets for 2 Assemblies, Service workshop or TEAM, Alateen Round-up and District events
 - Chair the raffle at Assembly when assigned to District 3
- Where and When Chairman (Three Year Term)
 - Receive meeting information changes from District Group Records only
 - Edit and proofread by another Al-Anon before printing
 - Print meeting list two to four times a year
- Outreach to Institutions (Three Year Term)
 - Recruit volunteers to lead Institutions Introductory Meetings
 - In Rehabs without family nights, update Al-Anon/Alateen notebook that is already there
 - Present Al-Anon to institution staff members

Outreach Efforts

Support of Meetings at Treatment Centers

We continue to need groups and members to support meetings at treatment facilities. In addition to these meetings, we also have a member looking for assistance to work with the Matrix Program for City Jail inmates.

Stepping Stones

The Stepping Stones Treatment Program continues to need support and participation from Al-Anon members to carry the message to attendees. Details on the meetings are:

- Meets on Wednesdays from 3:30 to 4:30 p.m.
- Lakeview Health Center
Main building Center Door
1900 Corporate Square Blvd

The group focuses on newcomer topics and follows the format from "Al-Anon Groups at Work," which is provided by Stepping Stones. Attendees are family members of adult clients going through treatment. They are there only one week and many are from out of town. You do not have to sign in or have background checks.

North Mandarin Newcomers

North Mandarin Newcomers, which was originally organized as a regular Al-Anon meeting, is no longer listed on the WSO's website. This meeting is continuing as part of the treatment center's outreach and would like more participation. Details on the meeting are:

- Meets on Thursdays from 7:30 p.m. to 8:30 p.m.
- Breakthroughs Treatment Center
3810 Williamsburg Park Blvd
Jacksonville, FL 32257

Gateway Community Services

Family members have to attend the Al-Anon meeting before seeing their loved ones. Allyson W led the Al-Anon portion every Wednesday night for 5 years. That position is now open and very much needed.

- Family meeting on Wednesdays from 6 to 7 p.m.
- Gateway Community Services
555 Stockton Street
Jacksonville, FL 32204

Willingway Continuing Care Meetings

Based in Statesboro, Ga., Willingway has continuing care meetings throughout Georgia, in Northeast Florida and South Carolina. Attendees include families and patients who attended the facility. They would appreciate any support from Al-Anon members. There are two meetings in Northeast Florida. Facilitators are John Roberts (904) 463-1246, and Cathy Roberts (904) 463-5200 Details on the meetings are:

- Mondays, 6 p.m.
- All Saints Episcopal Church
4171 Hendricks Avenue
Jacksonville, FL 32207
- Tuesdays, 6 p.m.
- Palms Presbyterian Church
3410 Third Street South
Jacksonville Beach, 32250

Chair Updates

Outreach

Public/Media

The World Service Office has sent new PSAs to several radio and television stations in our district during the past year. At the October Assembly, all AISLs received a list of TV and radio stations broadcasting throughout the Southeast, as well as stations reporting airings and estimated audience. Below are the totals for stations in our district:

Station	Airings	Audience
WJXL 1010 AM	78	7,800
WQIK 99.1 FM	2	6,200
WROS AM	100	110,000

It is an AI-Anon tradition to write thank you notes to stations who play our PSAs. I have sent thank you cards to each of the stations. According to the information provided in the report, here are the addresses for WJXL and WROS

WJXL

Tom Fridley
9090 Hogan Road
Jacksonville, FL 32216

WROS

Elwyn Hall, Owner
5590 Rio Grande Ave
Jacksonville, FL 32254

Information for WQIK was not listed in the sheets, but I found it on their website:

WQIK

Public Service Director
11700 Central Pkwy
Jacksonville, FL 32224

As part of her Area Public Outreach Efforts, Freddie provided the AISLs with both thank you and blank cards and postage-paid envelopes at the October Assembly. We need volunteers to send more thank you cards to the stations who played the PSA, and also send blank cards asking other stations to play the PSAs.

I have contacted the TV and radio stations listed in the report. Here is a summary of my progress:

Type	Station(s)	Notes
Radio	WAYR 550 AM	Contact said they have no availability for PSAs at this time.
Radio	WEJZ 96.1 FM WNFI/WGNE 99.9 FM WMUV 100.7 FM WSOS 94.1 FM	Contact asked for digital copy, will consider adding to their PSA rotation in December; copy sent via WSO
Radio	WJAX 1220 AM WKTZ 90.9 FM	Left message for public service director 11/5, 11/12
Radio	WJGL 96.9 FM WOKV 690 AM WFYV 104.5 FM WAPE 95.1 FM WMXQ/WXXJ 102.9 FM	Found instructions to submit PSA on website; copy sent via WSO. Left message for public service director on 11/12
Radio	WJXR 92.1	Latin station – spoke with staff and copy in Spanish sent via WSO to station general manager; followed up on 11/12
Radio	WQOP 1600 AM	Spoke with public service director, digital copy sent via WSO for consideration; followed up on 11/12
Radio	WPLK 800 AM	Left message in general mailbox
Radio	WZAZ 1400 AM	Unable to leave message – voice mailboxes full on 11/5, 11/12
TV	WAWS TV-30 WTEV TV-47	Left messages with public service director 11/5, 11/12
TV	WTLV TV-12 WJXX TV-25	Spoke with public service director, digital copy sent via WSO, followed up on 11/12
TV	WJXT TV-4	Spoke with public service director; digital copy sent via WSO on 11/12
TV/ Radio	WJCT TV-7 WJCT 89.9 FM	Initial contact said they do not play PSAs but would consider having a guest on the First Coast Connect

Alert from WSO: Dear Abby

The World Service Office has received a publication notice from the staff of the syndicated newspaper columnist, "Dear Abby." The column for Saturday, November 14, 2015, will respond to a request for help from a teenager who is troubled by her father's drinking.

For various reasons, it is possible that individual newspapers might not carry the young lady's letter or Dear Abby's recommendation to contact Alateen and Al-Anon. The entire "Dear Abby" column, however, will appear on the Internet November 14 at <http://www.uexpress.com/dearabby/>.

In communities where editors choose to publish Al-Anon contact information as part of the "Dear Abby" column, it would be appropriate and helpful for members to send thank-you notes to the

newspapers. Such expressions of gratitude might help editors choose to run more AI-Anon and Alateen items in the future. It is possible that thank-you notes sent to newspapers or "Dear Abby" might appear in print, so please ask to remain anonymous if you identify yourself as an AI-Anon member.

Since readers of national media items could very well contact the WSO for local meeting information, it is always important for groups to provide WSO with up-to-date contact information for their meetings.

Telephone Answering Service

The interim telephone answering service chairperson's report is included in the latest edition of Sharings.

AI-Anon Not Listed in 2015-2016 Phone Book

I have reached out to YP.com, the White and Yellow Pages' publisher, to find out what we need to do to be listed in the phone book. I will continue to follow up to make sure we are listed in the next edition.

Professionals

We received the 800 copies of AI-Anon Faces Alcoholism. Dany A., our Outreach to Professionals chair, has half of them, and Carolyn H. has the majority of the other half. We will have an opportunity to order again in February.

Website

- Freddie's report on website traffic will be sent out to GRs following the meeting.

Meeting Support

Speaker Keeper (David G.)

- There were no changes to the Speaker Keeper List from the one published in April. We have extra copies to distribute here today. David ran through the list at the beginning of the year and found several instances where the contact information was correct, or the member asked to be removed from the list. Please ask your groups if anyone would like to be added – if so, please contact David at speakerkeeper@jaxafg.org.

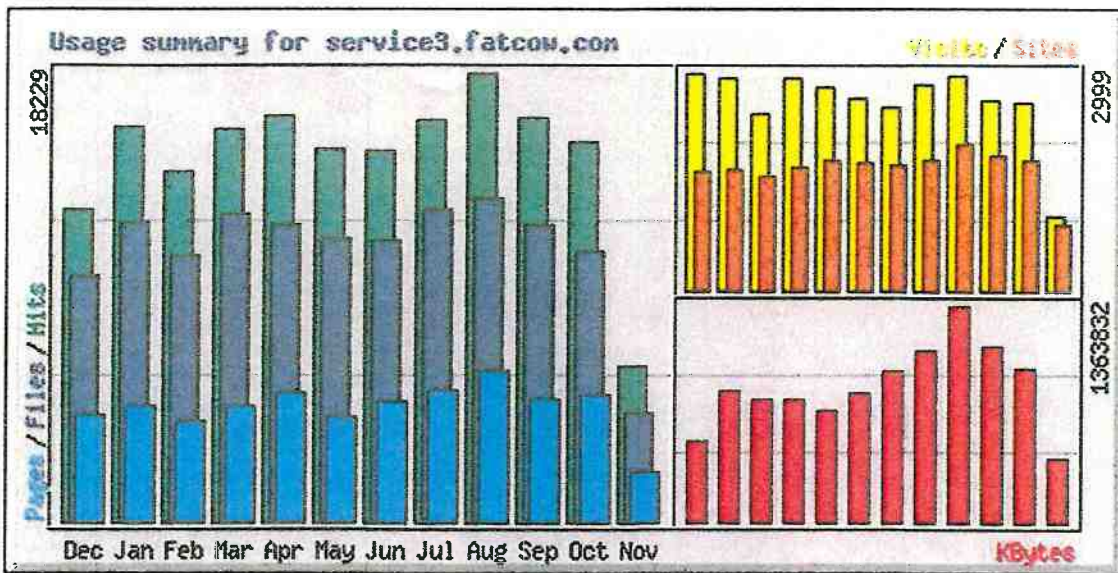
Records (Toni C.)

- North Mandarin Newcomers and Wesconnett are no longer listed on the WSO website, and neither is the Friday morning meeting for the Westside Club
- Toni is contacting Marie, our Area Group Records Coordinator, to find out if WSO has changed their status to inactive
- If no one has information on these groups and WSO has changed their status to inactive, I recommend we consider removing them from the Where and When

Post Office Box

- Susan and I agreed to renew our current shared Post Office Box for another year. Susan has paid for the renewal

Website Traffic Report



Summary by Month										
Month	Daily Avg				Monthly Totals					
	Hits	Files	Pages	Visits	Sites	KBytes	Visits	Pages	Files	Hits
Nov 2015	487	343	154	79	900	403265	1036	2002	4464	6336
Oct 2015	495	356	167	83	1780	963769	2585	5183	11041	15356
Sep 2015	545	403	166	87	1858	1102120	2625	5005	12118	16362
Aug 2015	588	424	197	95	2003	1363832	2946	6120	13169	18229
Jul 2015	527	409	171	91	1794	1085014	2843	5310	12702	16341
Jun 2015	502	382	164	83	1716	948189	2511	4932	11485	15077
May 2015	486	371	136	85	1752	807323	2651	4241	11506	15088
Apr 2015	550	402	175	93	1780	702503	2800	5258	12082	16521
Mar 2015	514	403	151	94	1691	771066	2918	4693	12497	15953
Feb 2015	508	387	145	87	1568	775295	2447	4066	10860	14247
Jan 2015	518	393	153	94	1656	823510	2930	4749	12190	16066
Dec 2014	411	324	139	96	1624	504511	2999	4336	10052	12743
Totals						10250397	31291	55895	134166	178319