



Al-Anon Family Groups

Outreach to Institutions Information

District 3 Northeast Florida

TV	WAWS TV-30 WTEV TV-47		Left messages with public service director 11/5, 11/12
TV	WTLV TV-12 WJXX TV-25		Spoke with public service director, digital copy sent via WSO, followed up on 11/12
TV	WJXT TV-4		Spoke with public service director; digital copy sent via WSO on 11/12
TV/ Radio	WJCT TV-7 WJCT 89.9 FM	★	Initial contact said they do not play PSAs but would consider having a guest on the First Coast Connect 9am

Alert from WSO: Dear Abby

The World Service Office has received a publication notice from the staff of the syndicated newspaper columnist, "Dear Abby." The column for Saturday, November 14, 2015, will respond to a request for help from a teenager who is troubled by her father's drinking. *today*

**District 3 Greater Jacksonville, North Florida Area 09
Job Descriptions for Panel 52 (2012-2013-2014)**

Outreach to Institutions Chairman (Three Year Term)

Works with cooperation with the Alt AISL, Outreach to Public/Media and Outreach to Professionals Supports and recruits volunteers to lead Institutions Introductory Meetings
In Institutions without family nights, update the Al-Anon/Alateen notebooks that are already there and check to see if they would like to have us visit on family night.

As of December 2011 each Institution has a volunteer in charge.

Breakthroughs Williamsburg Park Blvd last Tuesdays 6 pm
Gateway Community Services, Stockton Street Brown Bag Luncheon 1st Wednesdays noon
Gateway Community Services, Stockton Street Introductory Meeting every Wednesday 6 pm
Gateway Community Services Adolescent Program, Belfort Rd last Tuesdays 6:30 pm
River Point Beach Blvd. 2nd Fridays 11 am
River Region Parental Home Road 2nd Tuesdays 7 pm
(The Matrix Program Family Night at City Jail would like for us to return to Family Night. Last Contact Names: Natalie Henderson at the City Jail or Gloria Hananiah 994-3617)

Business Meetings

Panel members regularly attend District Meetings. If an Officer or Chairman is absent from 2 consecutive business meetings without communications or written report, they are considered inactive and a new member will be sought. A basket is passed at District meetings for donations, suggested \$3.00. You are encouraged to attend the annual budget meeting in late October.

Opportunities for Leadership Growth

Growth Investment Person (GIP) at Area World Service Committee meeting (AWSC)
Attend the annual Area T.E.A.M. or Service Workshop

Reports

At each business meeting, you will be given the opportunity to give an oral or written report. You are also encouraged to write a short article for the newsletter "Sharings" to help keep Al-Anon's informed. Reports also help the Alt AISL write a report for Area four times a year

Budget

Submit all receipts to the treasurer for reimbursement. This includes literature from the LDC. Please estimate expenses donated so the treasurer has a realistic view of what the District uses.

Links

Service Manual, WSO Guidelines, Past Chairman, Service Sponsor
"When I Got Busy, I Got Better" (P-78) and "The Best of Public Outreach" (P-90)

Correctional Facilities

Correctional Facilities	Notes
DOC, 592 Ellis Rd. South 695-4045	
Community Corr. Div., 451 N. Catherine St., 359-6511, Kristen Smith	Wants Al-anon/Alateen from 6-7PM 1 to 2 times per month.
DOC, 1945 Lane Ave., South 693-5000, 580 Ellis Rd South, 695-4180, 13200 Old Kings Rd., 924-1700	
JAX Jail, 500 E. Adams St., 630-5760, Duval Cty. Jail 630-5747	
City Jail, N. Orange Ave., Green Cove Spgs., 264-6512	
Juvenile Probation, 1283 E. 8th St. 798-4025	
Juvenile Probation, 1303 Jasmine St., Fernandina Bch. 277-7239	
Nassau Juvenile Cty. Jail, 1781 Lisa Ave., Fernandina Bch. 277-4244	
St. Johns Juvenile Corr. Fac., 4500 Ave., D., St. Augustine 829-8850	
Nassau Cty. Jail, 76212 Nicholas Cutinna Rd., Yulee 548-4002 / 225-9185	
Baker Cty. Det. Ctr., Macclenny, 259-2861	

Local Institutions

Name	Notes
Gateway Services 555 Stockton St. Rosemary, Director 239-9175 Steve Baur, Alateen, 472-7176	Contact
Jacksonville Metro Treatment Center 3609 Emerson Street 398-7015	
Baptist Medical Center 800 Prudential Drive Tracy McDugal, Volunteers, 202-2059 Bonnie Saltzer, Program Dir., 202-1568	
Rehabilitation Treatment Center 2981 Parental Home Road Ann White (after 5 p.m.) 727-3775	Requesting Al-Anon meeting once a week
River Region Human Services 390 Park Street 899-6300	
Daniel Inc 3725 Belfort Road Jason, Volunteer Coordinator, 296-1055 x 1007	Requesting Alateen Meeting once a week
Awakening Recovery Center Cypress Point Executive Center, Suite 204 8130 Baymeadows Circle W. 733-7383	
Mental Health Resource Center (MHRC) 11820 Beach Blvd. 32246 642-9100, Tara	Looking to start Alateen Group
Florida Recovery Center IOP 8833 Perimeter Park Blvd. Suite 202 Bill Galer	Looking for meetings on Wednesdays, 1 to 2 times per month
The Last Resort Drug and Alcohol Rehab San Jose Blvd. 365-7794	
Lakeview Health Systems 8889 Corporate Square Jackie Creme or Kim 899-4535	Supporting Stepping Stones meeting Wednesdays at 3:30 p.m.
Greenfield Center 3 Shirecliff Way Suite 640 Sonia Greenfield, 389-3784	Requested Al-Anon meeting on Tuesdays, 7 to 8 p.m.

Name	Notes
Catholic Charities Molly Irazuza mirazuza@ccbjax.org Christina Rothburg 354-4846, x287	Available Tuesday, Wednesday, Thursday, 9 a.m. to 5 p.m. Requesting 10 min. presentation to introduce Al-Anon, Alateen
Riverpoint 6300 Beach Blvd. Kim, 724-9202	Wednesday - IOP Friday - PHP Looking for a meeting once a month
St. Vincent's Partial Hospitalization Program (PHP) 2585 Oak Street Scott Mosher 308-7900	Wants Al-Anon 5:30 to 6:30 p.m. Mondays, once a week
Wekiva Springs 3947 Salsbury Road jeanna.houston@uhsinc.com 296-3533 349-2671 (cell)	Requested literature support
TCP Village for Residential Adolescent Alcohol and Drug Abuse Rehab 2671 Huffman Road Debra Nightengale 646-4889, x123	Requested Alateen Thursday, once a month, 6:30 to 7:30 p.m.
American International Health Services 6300 Beach Blvd. 800-252-6465	

Helplines

Helpline	Notes
First Step AA/NA Helpline and Treatment Ctr., 800-503-8602	
Accredited Alcohol Abuse Drug Rehab Treatment Hotline 800-503-8582	
24 HR Alcohol Abuse Drug Rehab Helpline; 733-9814	
Detox Abuse Action Addiction Helpline 8889 Corp. Sqr. Court 642-9349	
Prescription Drug Addiction Helpline 7524 Southside Blvd. 642-1995	
Accredited Alcohol Abuse Drug Rehab Treatment Hotline 354-1554	
Watershed Treatment Program 800-861-6864	

Bin Location	AI-Anon Member	Notes/Additional Information
Lopez Internal Medicine 4291 Roosevelt Blvd. Jacksonville, FL 32210 598-1888	Harriet H. Just in Time (Tuesdays) 264-3504	
Mandarin Christian Counseling San Jose Blvd. 262-1900		
Memorial Emergency 42 Doctor's Village Drive St. Johns, FL 32259 230-5000		
Michelle Volland, Therapist	Ann LDC 962-3170	
Nassau Community Services	Tina SOS Fernandina 465-0162 alanonbeachbunny@gmail.com	
New Covenant Ministries 2360 St. John's Bluff Road Reception Desk	Toni C. (904) 221-6572 records@jaxafg.org	
Orange Park Medical Center IOP Behind Hospital Behavioral Health 904-639-8654	Harriet H. Just in Time (Tuesdays) 264-3504	
Orange Park Medical Center ER Waiting Room 904-639-8654	Harriet H. Just in Time (Tuesdays) 264-3504	
Shands Hospital-Human Resources	Tina SOS Fernandina 465-0162 alanonbeachbunny@gmail.com	
Sutton Place	Tina SOS Fernandina 465-0162 alanonbeachbunny@gmail.com	
Women's Center Jacksonville Concord Road (Arlington)	Carolyn H. 910-7703 jaxafg@gmail.com	
Yulee Food Network Kitchen	Tina SOS Fernandina 465-0162 alanonbeachbunny@gmail.com	
Yulee High School	Tina SOS Fernandina 465-0162 alanonbeachbunny@gmail.com	

Contact Information for Professionals

Al-Anon Faces Alcoholism Boxes

The District Leadership in the last Panel launched a project to get copies of Al-Anon Faces Alcoholism out into the community. The District paid for small plastic bins to hold the AFAs as well as business cards with our website and local telephone number.

Bin Location	Al-Anon Member	Notes/Additional Information
Baptist Behavioral Health University Blvd. 376-3800	Mark F. aisl@jaxafg.org	
Baptist Family Care	Roxanne A. 472-5154 roxassar@gmail.com	
Baptist Medical Center (Downtown) Nan W 202-4517	Mark F. aisl@jaxafg.org	
Debra A. Troupe, LMHC Counseling 7855 Argyle Forest Blvd. Suite 907	Hope for Today - Monday Night	
Dr. Carriere Physician's Office Fort Caroline Road	Nancy S.	
Dr. Fong	Roxanne A. 472-5154 roxassar@gmail.com	
Dr. M. Kaluza Southlake Family Practice 827-0788	Elaine J. eljohnso@earthlink.net	
Dr. Tanner Jacksonville Beach	Roxanne A. 472-5154 roxassar@gmail.com	
eMed Primary Care and Walk-in Clinic Atlantic Blvd. 513-3240	Mark F. aisl@jaxafg.org	
Gretchen Deters-Smith, LMFT 346 Magnolia St. Atlantic Beach, FL 32233 247-1117	Tanya R.	
Hilliard High School	Tina SOS Fernandina 465-0162 alanonbeachbunny@gmail.com	
Judith Allison, LMHC 5645 Nettie Rd Jacksonville, FL 32207 (904) 733-3310 (Office)	Jerry B.	

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Subject: Al-Anon in Jacksonville, 904-350-0600
From: JaxTAS49@aol.com
Date: Mon, Apr 16, 2012 10:35 am
To: raulg@sunshine1.com
Cc: tas@jaxafg.org, altaisl@jaxafg.org, jaxtas49@aol.com

Hello Raul,

The Al-Anon members in Jacksonville would like to change our listing in the Jacksonville phone book. We are listed as Alanon, without the hyphen. We would like to change it to our official name, **Al-Anon Family Groups**, in the Jacksonville phone book. We feel that more people will be able to find us in the phone book with the correct spelling.

Since the answering service set up this account with one of their phone numbers years ago, I don't believe we are able to change it without your help. Are you able to change this for us or would you give us the account number with Bell South so we can change it ourselves?

As always thanks for everything you do to help us share the message of hope with family members suffering from a loved one's drinking.

Take care,
Susan H
Al-Anon Family Groups in Jacksonville
904-350-0600

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National Recovery Month

SEPTEMBER 2015

Join the voices for recovery:
be visible, be vocal, be valuable!

Recovery Month Events

September 2nd

Art Walk

The Magnificat Café

231 N. Laura St.

6:00 p.m.

September 3rd

Movie Night

Lakeview Health

1900 Corporate Square Blvd.

7:00 p.m.

September 10th

Talent Show

Gateway Community Services

555 Stockton St.

6:30 p.m.

September 12th

Softball Game

Drew Park

6621 Barnes Rd.

10:30 a.m.

September 19th

Recovery Walk

River Region Human Services, Inc.

390 Park St.

8:00 a.m.

September 25th

Block Party

Alumni House

900 Bridier St.

5:00 p.m.

Sponsored by:



beachesrecovery
healing begins here.

RiverRegion
Human Services, Inc.
Rebuilding Families. Restoring Communities

Gate**way**
Steps to Recovery

LAKEVIEW
HEALTH
Find Your True North

New Hope Addiction and Intervention Services

Help and Hope Through Recovery

Dan Renaud, BS, CAP, ICADC

2950 Halcyon Lane # 701

Jacksonville, FL 32223

904-864-6463

treatmentandrecovery@gmail.com

www.addictioninterventionistflorida.com

NORTH FLORIDA AREA 9
PROPOSED - PUBLIC OUTREACH PROJECT FOR 2015
COVER NORTH FLORIDA IN AL-ANON

The Public Outreach Work Group/Task Force and the Public Outreach Thought Force (May 2015) propose the following:

That the North Florida Area purchase thirteen table covers and thirteen retractable banners and distribute one of each to the thirteen districts in Area 9.

The total cost will be approximately \$3,347.36 (\$257.49 per district).

If you are a voting member at Assembly, we ask that you invite HP into the room and think of the good of Al-Anon and our Area as a whole. While the Banner and Table Cover may not please everyone the way we hope, we do believe it will benefit the majority of our Area and Al-Anon as a whole.

Purpose/Findings/Reasoning/Goal:

While we can't anticipate all questions and concerns, here are some of the things we considered.

- We hope to establish a consistent look for Al-Anon in North Florida in order to promote recognizability and advance our Al-Anon identity. The hope would be that a professional who attends conferences in multiple Districts will come to recognize the blue and yellow display as Al-Anon.
- We will look more professional in a professional setting. The table cover and banner are easier to transport and display than many of the displays we currently use. They are also smaller and require less storage space in most cases.
- To encourage pride, willingness, and enthusiasm in our volunteer pool. The more volunteers who are willing to participate, the more opportunities our Districts can take advantage of.
- WSO's most recent survey shows that the majority of newcomers are referred by professionals. Therefore, it is prudent and a sound investment to make our outreach to professionals more attractive.
- We get a price break when ordering the table covers in bulk. NOTE: They fit either a 6- or 8-foot table. There is Velcro to take up the slack on the smaller table. Table covers are machine washable and come with care instructions.
- The open banner measures 39" x 40" and closed it measures approx. 42" x 6" x 8". It has a user-friendly pull-up stand made of sturdy aluminum. It comes with a convenient black carrying bag to make traveling with the display easy. The tote bag features zipper construction and looped handles to secure the stand when it is not displayed.
- Some Districts were already trying to find ways to fund the purchase of a table cover and banner. By having the Area assume this expense, the majority of districts may then be able to use their individual public outreach funds for additional Public Outreach Projects.
- The content and layout of the banners and table covers were recommended by WSO; WSO approved the final versions you see in the photos. Please note that you may not request any changes to the content or layout of either the banner or table cover other than the following:
Each retractable banner will be customized for each district. Each district's banner can bear its telephone number, website, and QR code for that website. (QR code will be provided by our volunteer designer for districts that have not yet created one.)
- A couple of districts already have table covers and/or banners, which could be used as back-ups or spares. In the interest of consistency and recognizability, we want to ensure that all 13 Districts have the exact same banner and table cover. District 3 already has the banner and table cover; however, it has been using them for over a year and has loaned them out as well. The committee believes it is only fair that District 3 receives the same investment from the Area as the other twelve Districts.
- We hope any district not currently participating in health fairs and conferences will be encouraged to do so and/or find other ways to use these gifts.

Hello Panel 55

You know, I served at the Area Level before. Today I feel like that was a very long time ago in a place far, far away. All the new technology and expectations seem somewhat daunting and I'm wondering what HP has gotten me into. And it's definitely a God Thing. I had no intention of putting my name in that bag for this position. So - I guess I'll just hang on and enjoy the adventure.

My predecessor went out with a BANG. I'm sure you all remember that the Group Representatives passed a Motion to pay \$1,000 for a table at the UF Primary Care, Pain and Addiction Conference, October 30 - November 1 at the Sawgrass Marriott Resort. WOW! Ann, Panel 52 Public Outreach Coordinator, attended the Event and brought literature from the Area. District 3 stepped up and offered to man the project. They also offered to use their newly purchased table cover and banners.



Members reported our table was the best looking display among many high profit pharmaceutical companies. They also reported excellent service from the staff who also had questions and took literature. There were also reports of our literature being read at other tables.

Please see District 3's Report below:

Al-Anon Information Services Liaison Report on the UF Primary Care, Pain and Addiction Conference

Dates: Oct. 30 - Nov. 1

Location: Sawgrass Marriott Resort

Members volunteering (alphabetical by first name): Amanda H., Ann Q (Area Public Outreach Chair), Beth, Carolyn H., Carolyn I., Cindy, Jean, Jim, June, Kathleen, Mark F., Rhonda, Roxanne A., Sally O., Sharon F., Susan H., Virginia

Organizers for District 3: Mark F., Carolyn H., Roxanne A., Tina D.

Report by: Mark F., District 3 Alternate AISL

The University of Florida's Continuing Medical Education department hosted the UF Primary Care, Pain and Addiction Conference at the Sawgrass Marriott Resort in Ponte Vedra Beach Oct. 30 through Nov. 1. Total attendance was 72 medical professionals from throughout the state attended the conference. They were offered an incentive to visit all the tables.

Al-Anon was invited to participate, and members from District 3 volunteered to meet with the medical professionals before, during breaks and after the continuing education classes. Our volunteers had an opportunity to carry the message to the medical professionals. The cost to attend the conference was \$1,000, which was paid for by the Area, following a vote at the October Assembly.

Our volunteers distributed a special note pad designed to look like a doctor's prescription pad, and copies of Al-Anon Faces Alcoholism and How Al-Anon Works. Our volunteers distributed roughly:

- 50 copies of How Al-Anon Works
- 50 Al-Anon Faces Alcoholism
- 30 magnetic signs (bumper stickers)
- 35 referral pads

Most importantly, our volunteers connected with new institutions interested in starting meetings onsite. One was at Wekiva Springs, here in Jacksonville. Another is the representative from the UF Recovery Center with locations in Orlando and Tampa. Ann is based in Tampa and is planning to get in touch with that one. Rhonda has already followed up with Wekiva.

We also collected information on similar conferences throughout the region. Mark F. will research them to see if we can support similar efforts at those conferences.

I don't currently have much information on all the outreach projects in our Area - However, I plan to change that. I'll be asking all our AISL's to please send me information on projects in their district. I have formed an Outreach Committee in my District. I'm sure by the Fall Assembly, our Area will have another Outreach Project to consider.

I do however know about District 3. If the AISL's will please check your baskets, you'll find a VALPAK. These packets were distributed throughout Jacksonville and surrounding cities in December. Look through it. Can you spot the Al-Anon ad? District 3 called it a Media Blitz and had a billboard, three tailgate bus ads, and face book ads simultaneously.

There was a real thrill when you opened the Pak and saw our ad in print!

It is my hope that if you have any questions or concerns; or if you need some encouragement; you'll call me. If I don't know the answer - I will find it. Participation is the key to harmony and I plan to be in harmony with you all!

Our outreach committee discovered lots of tools and information on the WSO web site. Please check it out. You can see samples of District 3's Media Blitz at www.jaxafg.org. Just click on Public Outreach towards the end of the home page.

As a reminder - I know you heard this from Cindy too - don't forget to ask about discounts and consider the tax savings which might be available if you submit your project to the Area for consideration as a Special Public Outreach Project (SPOP). You have to submit funding for the project with your request, but if the Area approves the project and adopts it - they will deal with your vendor and use their tax exempt status to your advantage. The Special Public Outreach Project (SPOP) forms and instructions are available on the North Florida Area website, afgarea9.org

I hope you all made the deadline (February 4) to order more of the 2015 AFA's. Your orders should be shipped by April 1. **And... be sure to check out Page 16. Susan H.W. from District 3 - Jacksonville is quoted.**

Then check your February Forum. Both Susan H.W. and Carolyn H. are in print! They are both from Jacksonville. WooHoo!

Let's make this a GREAT DAY!
Yours In Service, Freddie
publicoutreach@afgarea9.org

