



Al-Anon February Fun Day

"Self-Love"

Saturday, February 11, 2006

9:30 a.m. - 2:30 p.m.

Arlington United Methodist Church

(Big green roof at 1400 University Blvd N.)

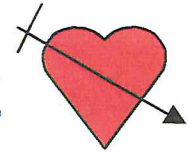
\$3 Suggested Donation

- ~Raffle~ Cake Walk~ Speaker/Discussion Meeting~
- Games~ Valentines for everyone~ Dancing~
- ~Free Babysitting
- ~Bring a Brunch (covered Dish) & a Self-Love raffle Item



If you would like to participate and/or help out
Please Call Heather (904) 521-4845

Al-Anon Valentines Fun Day



9:30 am - Welcome -Register **\$3** Suggested Donation
Raffle tickets for sale ...Direct to meeting tables with
Name Tags.

Lindsey & Holly

10:00 Opening meeting with
(Serenity Prayer-Readings Steps & Traditions) **Diane**

(Open, chair & announcements-) **Ann**

10:15 Discussion on heart topics- **Ann**
(Self love in Al anon) hearts scattered around tables

10:40 Speaker on "Self Love" (20 min.)
(Toni)

11:00 Brunch Buffet : **Lindsey, Diane, Chris &
Rick : Blessing**

11:30 Line Dancing – **Holly (30 min.)**

Games/Activities: #1 Cake Walk- **Toni**
#2 Telephone- **Heather & Cathy**
#3 Beach Ball Slogans- **Chris & Holly**
#4 Valentine making – **Lindsey**
2:15pm #5 Raffle – **Cathy & Heather**

2:30 pm #6 Affirmations closing- **Rick & Heather**

*A special Thanks and Happy Valentine's Day for those
who attended and helped out to support your area event.*



AFG PICNIC

APRIL 8, 2006, SATURDAY

10151 CRYSTAL SPRINGS ROAD, CRYSTAL SPRINGS PARK
(OFF I-10 WESTSIDE, CHAFFEE ROAD, CRYSTAL SPRINGS ROAD)

10 A.M. TILL 4 P.M.

**AA'S, ALANONS, ALATEENS, FAMILIES, AND EARTH PEOPLE
WELCOME!!**



Fishing allowed with valid Fla. License

Tennis Court

Sitting benches around pond

Clean restrooms; Toilets that flush, running water

Wild geese

@ $\frac{1}{4}$ mi. of sidewalks

No bugs

Fenced play area for 2-5 year olds

Fenced play area for 6-12 year olds

Swings

Leg stretching area/equipment and directions

Balance beam

Softball field

Soccer field & goals

Huge Shelter

Lots of picnic tables

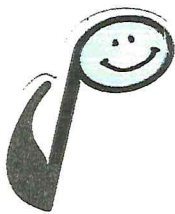
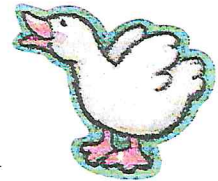
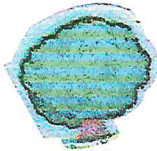
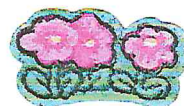
Huge grill

free time, raffle, covered dish lunch, kid games, music, dancing, speaker

Bring - Covered dish, lawn chairs, raffle items, suggested \$3 donation

Furnished - paper plates, bowls, cups, soda, water, ice, eating utensils

(NO ELECTRICITY OR RUNNING WATER IN SHELTER)



We'll start with a lunch and a TAS (Telephone Answering Service) Get Together. Anyone currently working TAS and anyone interested in learning about TAS are invited to join our TAS Chairperson, Susan for lunch. Don't forget to bring a covered dish to share. We'll have a speaker and then workshops through the afternoon. We'll end with a raffle. Some workshops from our Convention in Lake Mary will be repeated. Come join the fun!

REPEAT DAY OF WORKSHOPS

- 11:00 Doors open, Registration Begins, Fellowship till Lunch
- 11:30 Lunch Served
- 11:30 TAS Get Together over Lunch
- 12:15 Opening and Announcements
- 12:30 Speaker
- 1:45 Workshops
- 2:45 Workshops
- 3:45 Raffle and Clean Up

Arlington United Methodist Church
1400 University Blvd. North
Jacksonville Florida

Date: October 21, 2006

Time: 11:00 A.M.

Questions? Call Karol O'B 904-287-6795

BABY SITTING PROVIDED

Donations for the raffle are needed. Bring them with you or bring them to a member of our host group: San Marco AFG.

DISTRICT 3 ----- AFG

**AL-ANON
JOIN US ON THE PATH TO
SERENITY**

**OUR ANNUAL DAY OF REPEAT
WORKSHOPS FROM
CONVENTION**



DATE: OCTOBER 21, 2006 (Saturday)

TIME: 11:00 AM TO 4:00 PM

**PLACE: UNITED METHODIST CHURCH
1400 UNIVERSITY BLVD. NORTH
JACKSONVILLE, FL**

HOST: SAN MARCO AND FRIENDS



ACTIVITIES

WORKSHOPS SPEAKER (Area Chairperson)

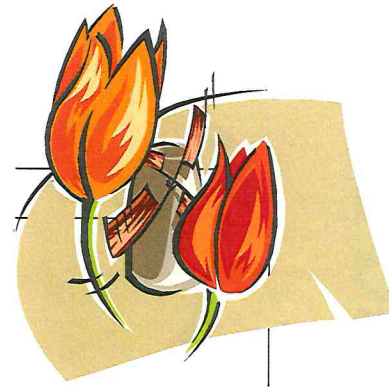
RAFFLE BABYSITTING

FUN FELLOWSHIP

TAS (Telephone Answering Service) Get Together

LUNCH (Bring a covered dish to share.)

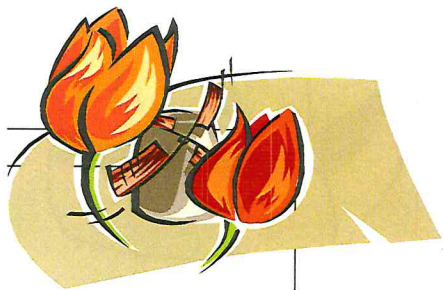
SUGGESTED DONATION \$3.00



**DISTRICT 3
AFG**

**DONATIONS FOR THE RAFFLE ARE
NEEDED. BRING THEM WITH YOU
OR BRING THEM TO A MEMBER OF
HOST GROUP**

**QUESTIONS:
CALL KAROL O'B
904-287-6795**



It's a
Brand-New Year!



2006-2007

•Friends of Lois AFG•

Saturdays 6:45 pm

JABA Trailer

3645 Spring Park Rd.

Sat. Dec. 23rd - Florence L.

Sat. Dec. 30th - Carol & George F.
POTLUCK - Dress up - Have fun!

Bring your spouse!

Sat. Jan. 6 - Jim R.

Sat. Jan 13 - Sharon E.

Sat. Jan 20 - Tanya R.

Sat. Jan 27 - Sharon W.