

PANEL 64 MEMBERS & EMAILS

Panel 64

January 1, 2024–December 31, 2026

District Representative	Janie	drejaxafg.org
Alternate District Rep	VACANT	adrejaxafg.org
DISL	VACANT	disljaxafg.org
Alternate DISL	VACANT	altdisljaxafg.org
District Treasurer	Gage	treasurerjaxafg.org
Secretary	VACANT	secretaryjaxafg.org
Alateen	SANDY	alateenjaxafg.org
AA Liaison	Kristin	aaljaxafg.org
Archives	Ray	archivesjaxafg.org
Raffle	Peg	rafflejaxafg.org
Group Records/Where & When	Chris	recordsjaxafg.org
LDC/Literature	Jackie	ldejaxafg.org
New Group Rep Greeter	Kristi	greeterjaxafg.org
Newsletter Editor	Dawn	newslettereditorjaxafg.org
Spanish Liaison	Vacant	spanishjaxafg.org
Speaker Keeper	Carla	speakerkeeperjaxafg.org
Telephone Answering Service	VACANT	tasejaxafg.org
Technology	VACANT	technologyjaxafg.org
Outreach to Institutions	VACANT	institutionsljaxafg.org
Outreach to Public/Media	VACANT	outreachmediajaxafg.org
Outreach to Professionals	Donnie	outreachprofjaxafg.org

Interested in one of these vacant positions listed above? Contact the District Representative at drejaxafg.org to find out more!

COMING EVENTS



- **December 8-10** AFG Tri-State Winter Weekend, Epworth by the Sea, St. Simons Island, GA
- **January 26-28** Southern States Women's (AA) Conference (with Al-Anon Participation), Hyatt Riverfront, Jacksonville, FL
- **February 2-4** Gottawanna Weekend Workshop, Cedarkirk Camp and Conference Ctr, Lithia, FL
- **March 15-17** Soberstock 2024 (with Al-Anon Participation), Sand Hill Scout Reservation, Brooksville, FL
- **May 17-19** 22nd European Al-Anon Convention with AA Participation, Porto Heli Greece
- **August 1-4** 67th Florida State AA Convention with Al-Anon Participation, Jacksonville, FL
- **September 6-8** 2024 Florida North AFG Convention, Hilton Daytona Beach Oceanfront Resort, Daytona Beach, FL

Sailing Towards Serenity
 2024 Florida North AFG Convention
 September 6 – 8, 2024
 Hilton Daytona Beach Oceanfront Resort

FOR MORE INFORMATION

Visit jaxafg.org for listings on local meetings (in-person, Zoom, and hybrid) or for any of the events listed here.

Other resources can be found at N FL area website afgarea9.org or by visiting Al-Anon.org.

A (final) FINAL THOUGHT

Serving as the Newsletter Editor for the past term has been an honor and a blessing. I want to thank all those who have supported this effort with submissions, hours of editing, and encouragement. You know who you are!

Congratulations to the new Newsletter Editor, Dawn! I can't wait to see what is next for "Sharings."

If you have any submissions for upcoming editions, you can send them to newslettereditorjaxafg.org.

With much love - 😊 Michelle

- It's a good habit to check my motives whenever I want to "help." Making the alcoholic look better in terms of his/her behavior and values can be out of my need to make myself look like a better wife/daughter/sister.
- I don't want my happiness to be a reflection of how I am treated. I want it to be a reflection of how I feel on the inside.
- Coming out of chaos, Al-Anon was a place for comfort, reliability, and stability.
- What Al-Anon has taught me was to let go of the old me with my distorted ways of thinking and embrace the new me, by studying the Steps.
- If the burden is too heavy for you then it probably is not yours to carry.
- In Al-Anon I learned to replace destructive thoughts with kind and loving ones.
- I no longer beat myself up over things I did in the past. It gave me comfort in the meetings to learn, "When I know better, I do better."

