

# SHARINGS

District 3, Greater Jacksonville, Florida

May 2015 – Panel 55

## THE HISTORY OF AL-ANON IN JACKSONVILLE

Excerpts taken from District 3 Archives

Written by Thomas S. and Compiled by Carolyn H., Current Historian

"It could be said that the first meeting of Al-Anon in the state of Florida took place late in 1940, outside a room at the Jacksonville Naval Air Station. Inside the room were Junious C. and Thomas S., who were meeting in an effort to form the first A. A. group in Florida. The people outside the room were Junious C.'s wife, Marie; Tom S.'s wife, Babe; and a local psychiatrist. No doubt they were discussing how they might help those alcoholics by changing their own attitudes and actions.

"In 1941, Bobbie A. joined the wives on the sofas outside the A. A. Central Group in the old Windsor Hotel. They followed them to Forsyth Street and finally to San Marco Blvd in 1945.

"In May 1952, the San Marco Al-Anon Family Group was registered in New York. They met on Thursdays and Mondays at 8:30 pm."

Today the San Marco Group still meets at the same place and same time, but more meetings have been added to its schedule throughout the years to keep up with the increasing needs within our district.

## LITERATURE DISTRIBUTION CENTER HOURS

The Literature Distribution Center (LDC), located on the second floor of the San Marco Clubhouse, 1423 San Marco Blvd., is open on Wednesdays, from 2:30 to 3:30 pm. However, if you would like to make a purchase on Thursday evenings, prior to the 8 pm meeting, please contact Roxanne at [ldc@jaxafg.org](mailto:ldc@jaxafg.org); she will try to arrange for a volunteer to meet you then.

To see where the LDC is located, click [here](#) for a map.

## FUN DAY! MARK YOUR CALENDARS NOW!

Make plans to attend our next District 3 Fun Day, Saturday, June 13! Check "Sharings" or [jaxafg.org](http://jaxafg.org) for more details as the date nears!

## COMING SEPTEMBER!

26<sup>th</sup> ANNUAL

North Florida Area AFG  
2015 Convention



Taking Care of Business  
The Al-Anon Way  
Hosted by District 6

YOU WON'T WANT TO MISS THIS YEAR'S CONVENTION, SEPTEMBER 18-20, 2015!

VISIT [TAKINGCAREOFBUSINESS2015.COM](http://TAKINGCAREOFBUSINESS2015.COM) FOR INFORMATION AND LINKS TO RESERVATIONS AT THE BEAUTIFUL TRADE WINDS ISLAND RESORT ON ST. PETERSBURG BEACH, FL.

## Personal Sharings

*I was the insane person who lived in my house, not the alcoholic. He was fine with the way things were. I raged, argued and projected doom. Thanks to Al-Anon, I no longer rage and infrequently argue. I continue to come to meetings because I still need the group to keep me sane and to help keep me in the "here and now." When I don't use the program, I fail at taking care of myself and my sanity.*

~ Robin I., Jacksonville

## TREATMENT CENTERS AND 12<sup>TH</sup>-STEP WORK

Some members have asked recently, "If we are not supposed to talk about treatment centers, why are there so many articles about them in SHARINGS?"

First you'll notice that the articles are not advertisements to send your loved ones there or how they help the addicted person. Our articles are about inviting Al-Anons to carry the 12th-Step message of hope to the families of clients at the treatment center.

As a general rule, the families are totally focused on their loved ones' recovery without an understanding of their own need for recovery. Often as we share, it's the first time the families realize there is a place where they, themselves, can get help too.

Someone was there for you when you needed help and hope. Will you be there for someone who needs Al-Anon? Email [institutions1@jaxafg.org](mailto:institutions1@jaxafg.org) for more information.

## Personal Sharings

*I keep coming back because every week I hear people tell their stories and share experiences that are just like mine. In the telling, I learn how to grow up, be in a relationship with my Higher Power and have joy in my life. I make better decisions when I come to Al-Anon and feel better about life. Al-Anon helps me*

*make sense of my relationships with my alcoholic relatives and my relatives who grew up in an alcoholic home.*

*Before Al-Anon, I didn't know why I felt and acted the way I did! Now I do!... (Most of the time.)*

~ Laura, Jacksonville

## MEETING NEWS

For the most current meeting information, visit [jaxafg.org](http://jaxafg.org) and click on "Find a Jacksonville Area Meeting."

### ■ SPEAKER MEETING

Arlington Tuesday Nite AFG #2641, which meets at 8 pm at St. Paul's Episcopal Church, 5536 Atlantic Blvd., will host a Speaker Meeting on the fifth Tuesday of each month, beginning in June.

### ■ NEW BEGINNERS MEETING ~ VOLUNTEERS NEEDED ~

AI-Anon members are invited to participate in a service opportunity by sharing their experience, strength and hope at introductory meetings being held at Lakeview Health Treatment Center every Wednesday from 3:30 – 4:30 pm and at Breakthroughs Treatment Center on Thursday evenings, from 7:30 – 8:30 pm.

We are seeking groups or individual-volunteers to lead these weekly meetings for one month.

Lakeview Health is located at 8889 Corporate Square Court, on the corner of Corporate Square Blvd. and Bradley Rd., Jacksonville. Breakthroughs is at 3810 Williamsburg Park Blvd. (just north of the intersection of San Jose Blvd. and Sunbeam Rd.).

For more information or to sign up, contact Lynn B. at [institutions1@jaxafg.com](mailto:institutions1@jaxafg.com), or your Group Representative.



### FROM THE EDITOR to GROUP REPRESENTATIVES:

SHARINGS is a great tool for communicating meeting changes, speaker meetings, potluck meetings, etc. Email me at [newslettereditor@jaxafg.org](mailto:newslettereditor@jaxafg.org) so I can inform our members of your meeting news.

## SHARINGS ONLINE

Did you know that each issue of SHARINGS is available both online and as hard copies distributed at group meetings?

Visit [jaxafg.org](http://jaxafg.org) to view each issue in full color! The issues posted online are web-enhanced too! Click to access email accounts and more information about many of the articles!

Bookmark [jaxafg.org](http://jaxafg.org) for quick and easy access!

# DISTRICT 3 CALENDAR

Saturday, June 13, 2015.....District 3 Fun Day\*  
(Details to come soon!)

Saturday, July 18, 2015.....District 3 Business Meeting\*  
(changed from original date of July 11)

Friday, Aug. 14 – Sunday, Aug. 16, 2015.....AWSC (Area World Service Committee)

**Please note:** District Business Meetings and Workshops are held at Arlington United Methodist Church at 1400 University Blvd. North, Jacksonville, FL 32211, in Wesley Hall. District Business Meetings begin at 9:30 am with doors opening at 9 am. Start times for events such as Workshops and Fun Days may vary. Please check fliers or [jaxafg.org](http://jaxafg.org) for event times.

\*All AI-Anon members are invited to this event.



Babysitting services are available at all District Business Meetings and Fun Day events.

## MORE GROUP EMAIL ADDRESSES FOR DISTRICT 3

In last month's issue of SHARINGS, a list of email addresses for District 3 Group Representatives was provided. Please add the following four addresses to that list:

- Just in Time AFG: [justintime@jaxafg.org](mailto:justintime@jaxafg.org)
- Tuesday Morning AFG: [tuesdaymorning@jaxafg.org](mailto:tuesdaymorning@jaxafg.org)
- One Thursday at a Time AFG: [onthursday@jaxafg.org](mailto:onthursday@jaxafg.org)
- North Mandarin AFG: [northmandarin@jaxafg.org](mailto:northmandarin@jaxafg.org)

If you are a Group Representative and your group was not listed in this or last month's issue, or if you have not been able to access your group's email account, contact Mark F. at [aisl@jaxafg.org](mailto:aisl@jaxafg.org).



## DISTRICT 3 TRUSTED SERVANTS

<b>PANEL 55</b> JANUARY 1, 2015 – DECEMBER 31, 2017	Sally O. ....District Representative ..... <a href="mailto:dr@jaxafg.org">dr@jaxafg.org</a>
	Gage M. ....Alternate District Rep. .... <a href="mailto:adr@jaxafg.org">adr@jaxafg.org</a>
	Mark F. ....AISL ..... <a href="mailto:aisl@jaxafg.org">aisl@jaxafg.org</a>
	VACANT .....Alternate AISL..... <a href="mailto:altaisl@jaxafg.org">altaisl@jaxafg.org</a>
	Maddy P. ....District Treasurer ..... <a href="mailto:treasurer@jaxafg.org">treasurer@jaxafg.org</a>
	Curt S. ....Secretary ..... <a href="mailto:secretary@jaxafg.org">secretary@jaxafg.org</a>
	Beth H. ....Alateen ..... <a href="mailto:alateen@jaxafg.org">alateen@jaxafg.org</a>
	Charlene S. ....Alateen Trainer..... <a href="mailto:alateen@jaxafg.org">alateen@jaxafg.org</a>
	Tina D. ....AA Liaison/Spanish Liaison ..... <a href="mailto:aal@jaxafg.org">aal@jaxafg.org</a>
	Carolyn H. ....Historian ..... <a href="mailto:historian@jaxafg.org">historian@jaxafg.org</a>
	Carolyn I. ....Archives..... <a href="mailto:archives@jaxafg.org">archives@jaxafg.org</a>
	VACANT .....Area Raffle..... <a href="mailto:raffle@jaxafg.org">raffle@jaxafg.org</a>
	Toni C. ....Group Records..... <a href="mailto:records@jaxafg.org">records@jaxafg.org</a>
	Roxanne A. ....LDC/Literature..... <a href="mailto:ldc@jaxafg.org">ldc@jaxafg.org</a>
	Charlene S. ....New Group Rep. Greeter ..... <a href="mailto:greeter@jaxafg.org">greeter@jaxafg.org</a>
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	Jerry B. ....Where & When ..... <a href="mailto:ww@jaxafg.org">ww@jaxafg.org</a>
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Marty S. ....Public Information/Media ..... <a href="mailto:pi@jaxafg.org">pi@jaxafg.org</a>	
VACANT .....Co-op w/Prof. Community ..... <a href="mailto:cpc@jaxafg.org">cpc@jaxafg.org</a>	

Interested in serving in one of the vacant positions on Panel 55 or simply wish to learn more about the positions available? Contact the District Representative at [dr@jaxafg.org](mailto:dr@jaxafg.org).