



SHARINGS

District 3, Greater Jacksonville, Florida

jaxafg.org

April 2017 – Panel 55

MEETING NEWS

For the most current meeting information, visit jaxafg.org and click on "Find a Jacksonville Area Meeting."

■ SPEAKER MEETINGS

S.O.S. AFG, which meets at the Alachua Club, 32 N. Third Street, Fernandina Beach, holds a Speaker Meeting at 11 am on the last Sunday of each month.

Language of the Heart AFG, which meets at 400 Penman Road, Jacksonville Beach, holds a Speaker Meeting at 6:30 pm on the first Monday of each month.

San Marco AFG, which meets at the San Marco Clubhouse at 1423 San Marco Blvd., Jacksonville, holds a Speaker Meeting at 1:30 pm on the first Wednesday of each month.

Additional speaker meetings can be found on the Meeting Schedule posted at jaxafg.org. Click on "Find a Jacksonville Area Meeting."



FROM THE EDITOR to GROUP REPRESENTATIVES:

SHARINGS is a great tool for communicating meeting changes, speaker meetings, anniversary meetings, potluck meetings, etc.

Email your meeting news to newslettereditor@jaxafg.org.

Personal Sharings

"Every morning I say a prayer for an open heart and open mind for the day. This is essential to me as my thinking is how I ended up with a seat in the Al-Anon rooms. And I've discovered that I can't change my thinking with my own thinking.

I realized how judgmental my thinking was when I attended my state AFG convention and went to a workshop on love, chaired by Alateens. My thinking was that I'm older and wiser...what can teenagers teach me about love? Fortunately, God opened my heart and my mind to the message that the Alateens were sharing – unconditional love. I realized how judgmental my thinking has been since being affected by the family disease of alcoholism. Arguing with a drinking loved one only caused me frustration, fear, worry, anger, etc. My part was thinking my opinion and my

way were the right and only solution. "If only" you'd do it my way, we would all be happy!

So to continue to grow and learn, it is essential that I pray daily for an open mind and open heart. It's very easy for me to slip back into my old patterns of thinking, which kept me stuck in blame, shame, guilt, frustration, anger, fear, doubt, resentment, etc. Today when someone shares their opinion, I can pause, say a silent prayer, keep an open mind, and say, "You might be right," or "I never looked at it that way," or (my favorite – the Al-Anon) "Oh."

I'm grateful that I became aware that my thinking was the problem and I can change my thinking using my Al-Anon tools. I'll keep coming back because there is no end to the spiritual lessons I can learn!

~ Grateful Al-Anon Member



NORTH FLORIDA AREA CONVENTION

AUGUST 25–27, 2017 • TAMPA, FL

REGISTER TODAY!

Visit www.afgarea9.org/convention2017.html for more information!

FUN DAY! FEEDBACK!

"For me, it is wonderful to be with a group of people who want to make their life and someone they care about better."

~ Mike R., Jacksonville, Fun Day March II

NORTH FLORIDA SPRING ASSEMBLY

Friday, May 5 – Saturday, May 6, 2017
Altamonte Springs, Florida

District Representatives, AISLs (AI-Anon Information Service Liaisons), and Group Representatives attend. Groups are encouraged to send a Group Representative or a Group Contact. All AI-Anon members are welcome to attend.

RESERVATION INFORMATION:

To make reservations, call the Hilton at 407-830-1985, Group name NFA AFG, or go online to: http://www.hilton.com/en/hi/groups/personalized/A/ALTAHHF-NFA5-20170503/index.jhtml?WT.mc_id=POG The special rate is available through April 14.

TEAM 2017 EVENT

Saturday, May 6 – Sunday, May 7, 2017
Altamonte Springs, Florida

TEAM Events are an opportunity for AI-Anon and Alateen members to learn more about service and our program.

A TEAM event is designed to energize members' spiritual quests, activate their creativity, and expand understanding of our worldwide fellowship!

The theme of this year's event is "The Umbrella of the Serenity Prayer: Putting the Serenity Prayer to Work in Service."

RESERVATION INFORMATION:

To make reservations, call the Hilton at 407-830-1985, Group name NFA AFG, Group Code NFA 5, or go online to: http://www.hilton.com/en/hi/groups/personalized/A/ALTAHHF-NFA5-20170503/index.jhtml?WT.mc_id=POG The special rate is available through April 14.

Registration is \$20 and is available online at www.afgarea9.org at "TEAM 2017" or send your check payable to NFA AFG, Inc. to Team Event, PO Box 1511, Largo, FL 33779-1511. Write TEAM EVENT on memo line. Please register by April 21.

Meal tickets for both events available in advance online at afgarea9.org

DISTRICT 3 CALENDAR

Friday, April 14, 2017	Hotel Registration Deadline for Assembly/TEAM Event* (More information at left.)
Friday, May 5 – Saturday, May 6, 2017	North Florida Spring Assembly* (More information at left.)
Saturday, May 6 – Sunday, May 7, 2017	TEAM 2017 Event* TEAM: Together Empowering AI-Anon Members (More information at left.)
Sunday, June 4, 2017	District Steering Committee Meeting
Saturday, June 10, 2017	District Business Meeting* (Held at the Brooks Family YMCA, 10423 Centurion Pkwy N., Jax 32256. Please sign once-per-year waiver at front desk. Meeting room is upstairs.)

*All AI-Anon members are invited to this event.



Babysitting services are available at all District Business Meetings and Fun Day events.

DISTRICT 3 TRUSTED SERVANTS

<h1 style="writing-mode: vertical-rl; transform: rotate(180deg);">PANEL 55</h1> <p>JANUARY 1, 2015 – DECEMBER 31, 2017</p>	Gage M. District Representative.....dr@jaxafg.org
	VACANT..... Alternate District Rep.....adr@jaxafg.org
	Mark F. AISL.....aisl@jaxafg.org
	VACANT..... Alternate AISLaltaisl@jaxafg.org
	Susan H. District Treasurertreasurer@jaxafg.org
	Curt S. Secretary.....secretary@jaxafg.org
	Beth H. Alateen.....alateen@jaxafg.org
	VACANT..... AA Liaison/Spanish Liaison...aal@jaxafg.org
	VACANT..... Historian.....historian@jaxafg.org
	Carolyn I. Archivesarchives@jaxafg.org
	Julia & Florence... Area Raffleraffle@jaxafg.org
	Toni C. Group Recordsrecords@jaxafg.org
	Roxanne A. LDC/Literature.....ldc@jaxafg.org
	Charlene S. New Group Rep. Greetergreeter@jaxafg.org
	Risa G. Newsletter Editornewslettereditor@jaxafg.org
	Destinee G. Speaker Keeperspeakerkeeper@jaxafg.org
	Tom H. Telephone Answering Svc.....tas@jaxafg.org
Freddie S. Webmasterwebmaster@jaxafg.org	
Jessica B. Where & Whenww@jaxafg.org	
Lisa..... Institutionsinstitutions1@jaxafg.org	
VACANT..... Public Information/Mediapi@jaxafg.org	
Dany A. Co-op w/Prof. Community.....cpc@jaxafg.org	

Interested in serving in one of the vacant positions on Panel 55 or simply wish to learn more about the positions available? Contact the District Representative at dr@jaxafg.org.